



Policy 08.10:

PERMANENT RECORD

Statement on Student Wellness

A. PURPOSE: To implement standards through the establishment of goals and guidelines regarding the nutrition, health and physical activity, and social-emotional wellness of students, families, staff and community in the Brandywine School District.

B. ISSUE: The Board recognizes the importance of nutritional, physical, social and emotional wellness for the academic success of students and the key role that staff and community play in modeling and encouraging healthy living.

C. POLICY: The District shall establish a Wellness Policy that includes the following:

- Goals for nutrition education, nutrition promotion, health and physical activity, and social-emotional well-being based on evidence-based strategies and designed to promote student, family, and staff wellness
- Nutrition guidelines and standards for all foods available on the school campus during the school day
- A procedure for ensuring reimbursable meals meet Federal Standards
- Partnerships with the community and organizations that provide resources, services, and education focused on effective social-emotional physical and nutritional programming
- Goals for health and physical education programs/activities that meet or exceed the state and federal standards
- A consistent process for disseminating information regarding District practices regarding nutrition and healthy living through the schools and community
- A commitment to conduct an assessment of the effectiveness of this Wellness Policy every three years
- A commitment to make public any updates to and about this Wellness Policy on an annual basis

Delegation of Responsibility:

The Superintendent and/or designee is empowered to administer the provisions of this policy.

Wellness Committee:

The District shall create a Wellness Committee that includes at least one of the following individuals:

- Board member
- School Administrator
- District Food Service Manager or Representative
- Parent/Guardian of an enrolled student
- Student
- Representative of an organized parent group
- Member of the public
- Health/physical education teacher
- School Psychologist
- School Nurse
- Representative for students with disabilities

The Wellness Committee shall serve as an advisory committee regarding student health issues and shall be responsible for making recommendations to the Board and administration regarding student wellness. They shall examine existing laws, regulations, research, Board policy, and District procedures, and raise awareness about student health issues.

The District Wellness Plan may be found at: <https://www.brandywineschools.org/Page/9291>

D. REVIEW AND REPORTING: The Superintendent or his/her designee will report to the Board on the status of this policy as needed.

E. HISTORY: Adopted 06/26/06; Renumbered 02/04/09; Revised 07/04/14; Revised 08/21/17 (Projected)

F. REFERENCES: Delaware Code, Title 14 - Education, §1049-Policy Making,

Child Nutrition and WIC Reauthorization Act of 2004 42 U.S.C §1758 (f)(1)
Healthy, Hunger-Free Kids Act of 2010, §204

Delaware Code, Title 14 -Education, Section 503 - Instructional Program Requirements.

Delaware Code, Title 14 - Education, Section 851 - K to 12 Comprehensive Health Education Program

USDA Dietary Guidelines for Americans

It is the directive of the Board of Education that the Brandywine School District shall not discriminate in its employment practices or its educational programs and activities for students on the basis of race, color, religion, national origin, sex, sexual orientation, marital status, disability, age, veteran status or other legally protected characteristic. All policies, regulations and practices of the District shall be guided by this directive.